B.Sc (Nursing)

Psychology

(Essential Questions in the Various University Examinations)

Essay Type Question

Unit I: **Introduction**

1. Define psychology. explain limitations and merits of all the methods of psychology
2. Define psychology .describe the scope and methods of psychology.
3. **Define psychology. Explain the various methods of psychology**
4. Importance of psychology in nursing profession
5. Define educational psychology and write briefly about the aims and scope of educational psychology

Unit II: Biology of Behaviour

6. Explain the mechanism of heredity and environment on human behaviors
7. Define heredity. Explain heredity and environment related to one personality development

Unit III: Cognitive Processes

8. **What is meant by attention? Discuss the various determinate of attention.**
9. **Explain the various principles of PERCEPTION with suitable examples. Define perception.**
10. What are the factors that determine attention?
11. Explain about the law of learning
12. Define learning and explain the trial and error learning proposed by Thorndike.
13. **What is operant conditioning? Discuss with examples how you would utilize reinforce in shapping behaviors.**
14. Define learning. Briefly explain Pavlov's classical conditioning with suitable experiment?
15. **Define learning. Explain theories of learning.**
16. Compare between classical an operant conditioning.
17. Define thinking. Explain steps in creative thinking and characteristics of creative person.
18. Define intelligence. Describe various theories of intelligence.
19. How intelligence and abilities are measured describe

Unit IV: Motivation and Emotional Prosesses

20. Define motivation. Describe the secondary motives with suitable examples.
21. Write about primary and secondary motives.
22. Define motivation. Briefly describe the biological motives.
23. Write an essay on the theories of motivation.

24. **Explain the type and theories of motives in detail.**
25. Briefly explain the various sources and solution for frustration.
26. What in frustration? Discuss the types of conflicts with suitable examples.
27. **Define frustration and conflict. Explain the different sources of frustration and the different types of conflicts and it is solutions.**
28. What are motives? List the type of motives and discuss Maslow's types of motives
29. Define emotion. Differentiate emotion in health.

Unit V: Personality

30. **What is personality? How is personality assessed?**
31. Briefly describe psychosocial learning theories of personality.
32. **Define personality. Describe the theories of personality**
33. Elaborate the theories of personality
34. **How is personality developed with reference to psychoanalytic theory?**

Unit VI: Developmental Psychology

35. **Explain the psychology of people at different ages**
36. **Adolescence is a period of crisis**

Unit VII: Mental Hygiene and Mental Health

37. **Define mental health. Discuss the concept of mental health and mention illness. Add on note on the characteristics of mentally healthy persons.**
38. **Explain the concept of mental health and mental hygiene in detail.**
39. Define mental health. Describe its principles add a note on the misconception about mental illness.
40. **Define defense mechanisms of the ego with suitable examples.**

Write about Jean Piaget and his theory of cognitive development.

Short note type Questions

1. History of psychology
2. Scope of psychology
3. **Methods of psychology**
4. Merits and demerits of case study
5. Counseling psychology
6. Clinical and counseling psychology
7. Counseling and abnormal psychology
8. Clinical and health psychology
9. **Psychology and nursing**
10. Hereditary

11. Discuss in detail the two types of chromosomal disorders.
12. Role of environment
13. Classification of environment.
14. Heredity and environment
15. Functions of sympathetic nervous system
16. Meaning of the term behaviors
17. Body-mind relationship
18. Glands
19. Twins
20. Attention
21. Determinants of attentions
22. External factors of attention
23. Type of attention
24. Attention and its types
25. Principles of study habits
26. Study habit
27. Type of sensation
28. Inaccurate perception
29. Characteristic of perception
30. Principles of perception
31. Hallucination and illusion
32. James large theory
33. Role of reinforces in beharioural changes
34. Thorndik's law of learning
35. Law of learning
36. Classical conditioning
37. Introspection method
38. Operant conditioning
39. Four type of learning
40. Trial and error learning
41. How to improve memory
42. Forgetting
43. Cause of forgetting
44. Theories of forgetting
45. Discuses Forgetting during Health and Sickness
46. Intelligence
47. Intelligent quotient
48. I.Q
49. Test of intelligence
50. WAIS
51. Brief notes on Implications of Individual Difference in Nursing
52. Explain the levels of thinking
53. Introspection
54. Stages involved in creative thinking
55. Primary motives
56. Secondary motives
57. Social motives

58. Maslow's theory of motivation
59. Self-actualization
60. Psychological changes in emotions
61. Psychological changes during emotion
62. Emotion and felling
63. Role of emotions in health and illness
64. Emotion and feeling
65. Theories of emotion
66. Explain any two theories of emotions
67. Conflicts
68. Conflicts and attention
69. Conflicts and its solutions
70. Types of conflict
71. Frustrations
72. Source of frustration
73. Reactions to frustration
74. Stress management techniques
75. Attitude formation and modification
76. Change of attitude
77. Formation of attitudes
78. Personality
79. Basic concept of Freud
80. Factors influencing personality development
81. Type approach
82. Types of personality
83. Erickson's theory of personality
84. ID,EGO,SUPEREGO
85. Mental age
86. Personality assessment
87. Projective tests
88. Ink blot test
89. Rationalization and projection
90. Infancy
91. Adolescence
92. Extensive Research of Elisabeth Kubler Ross
93. Misconception about mental illness
94. Warning signs of poor mental health
95. Characteristics of mentally healthy person
96. What the characteristics of mentally healthy individuals?
97. Defense mechanism
98. Mental health nursing
99. Explain guidance and counseling and differentiate.
100. Characteristics of a good counselor
101. Guidance and counseling
102. Counseling
103. Principle of counseling
104. Types of counseling

105. **Type of psychological tests**
106. Principle of psychological testing
107. **Uses of psychological testing**
108. **Role of nurse in psychological assessment**
109. **Bhatia's Performance Test of Intelligence**

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Short Answer Questions

1. Goals of Psychology
2. Write two uses of studying psychology in nursing
3. Write any four subject related to psychology
4. Any five branch in psychology
5. Any five methods in psychology.
6. What is the main difference between Clinical psychology and counseling psychology?
7. Write the meaning of introspection method.
8. Name the two types of twins
9. Biological inheritance
10. Name the chemical senses
11. Expand DNA and RNA
12. Attention
13. Mention any four factors influencing attention.
14. What are the types of attention?
15. Types of attention
16. Define 'perception'
17. Any three errors in perception
18. What are the types of "Error Perception"?
19. Law of learning
20. Define insight learning
21. Classical conditioning
22. Write two types of conditioning learning.
23. Name the major laws of learning
24. Explain transfer of learning
25. Write types of memory
26. Short-term memory
27. Write four kinds of memory.
28. Mnemonics
29. Name any two types of intelligence test.
30. Name any four intelligence tests
31. Expand WAIS and RPM
32. Concept of IQ
33. What is the formula of I.Q?
34. Mention four factors influencing intelligence
35. Raven's progressive matrices
36. Mention any four traits of creative thinker
37. Aptitude test
38. Explain aptitude change
39. One of the determinants of attention in novelty? What is the meaning of 'novelty'?
40. Mention the concept of motivation.

41. Industry vs inferior
42. Self-actualization
43. Motivational cycle
44. Define ‘incentive’
45. Name four schedules of reinforcement
46. List four psychosocial motives
47. Types of conflict
48. Write two source of frustration
49. Mention the type of conflict
50. Attitude
51. Attitude and its types
52. Write and explain the definition of personality
53. What is the most important component of personality
54. Sigmund Freud
55. Unconsciousness
56. Write the three classification of mind
57. Psychosexual stages.
58. List out the psycho sexual stages
59. Write Freud’s components of Personality structure.
60. Repression
61. Rationalization
62. What is sublimation
63. Mention four different mechanism
64. What are the two personality of type ‘A’ personality
65. What is the meaning of word of inventory
66. Mention any four types of bodily changes during emotion.
67. Our behaviour is responsible for our emotions and not vice-verse. Who has proposed this theory of emotion?
68. Who was the proponent of ‘eight stages developmental theory of personality?
69. Name two types of Projective technique
70. Explain Projective tests.
71. Expand TAT
72. Mention the types of groups
73. What are the roots of mental health?
74. Hallucinations
75. Guidance and counseling
76. Mental Health
77. Mention four traits of mentally healthy patients
78. Explain any two defence mechanism
79. Expand:- MMPI,WAIS,WISC
80. Bell adjustment inventory
81. List the principles of psychological tests

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Note: Questions in bold letters are repeated questions in the various University Examinations

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